

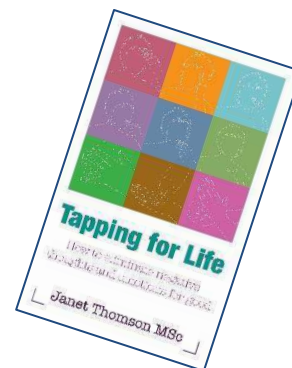


# Thought Field Therapy (TFT) Accredited Training

Special 1 day certified training

*Presented by Janet Thomson MSc*

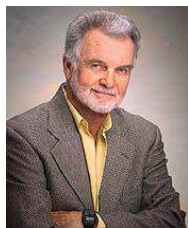
*Author of "Tapping For Life"*



***In just minutes you can eliminate a variety of psychological and emotional issues with this amazing technique..... they just disappear.....***

TFT is the original "Tapping" therapy and was discovered by the brilliant Dr Roger Callahan, an eminent psychologist and leader in his field. Roger was frustrated at the lack of progress for some clients, despite using all of the techniques he had been taught over several decades, some people still made little or no progress. His enquiring mind and inspired determination to succeed in helping these people for whom all else failed, led him to discover that tapping on specific meridian points on the body, could literally collapse a negative emotion, even those that had been there for years or even decades.

**JANET THOMSON** is the author of "TAPPING FOR LIFE" published by Hayhouse and has been personally endorsed by Roger Callahan who wrote the foreword for the book. She runs a private practice in London and in Leicester along with a variety of trainings and seminars for the general public and for other therapists, as well as presenting and demonstrating TFT regularly on national television and radio and contributing to the media.



**Dr Roger Callahan creator of TFT**

***"Janet is creative and unique in her ability to explain TFT, she is an excellent trainer and combines her excellent teaching skills excitement and knowledge in her trainings, we are proud to have her as a representative for TFT"***

The **DAILY MAIL** ran a full page article featuring Janet and "Tapping For Life" and she has appeared on National TV and Radio 2 teaching this amazing therapy. Now YOU can be trained by the most dynamic passionate teacher of TFT in the UK.

**Would you like to learn how to:**

- Collapse negative emotions related to past traumas?
- Eliminate feelings of anxiety?
- Eliminate feelings of stress?
- Eliminate a phobia or fear?
- Eliminate cravings or OCD?



- Use TFT safely and without risk on yourself, your family, friends or with clients?

***YOU CAN on this inspiring certified training course.***

if you are a professional within the field of self-development or complimentary health or fitness, and want to add TFT to your list of skills, or if you are already familiar with TFT and are an informed enthusiast and want to use the techniques to enrich your own life or that of family or friends, then this course is designed for you.

TFT Algorithm training certifies you to use **TFT professionally or personally** and is recognised by all Complimentary Health practitioner insurers. It has a success rate of approximately 80-90% or more when used correctly, and will enable you to be able to offer fast effective, non-invasive treatments. It also works seamlessly to enhance the effectiveness of a range of other healing modalities.

**With many people sick and tired of taking drugs to eliminate psychological symptoms, TFT offers a DRUG FREE, RISK FREE alternative with an astonishing success rate unrivalled by any pill or potion; the only side effect is - you might feel good for no reason!**

### **Why do you need it?**

- ❖ If you are already a therapist and you want to deliver the best possible service to your existing clients and want to attract more clients, then you need to attend this training. Watch your reputation grow as you achieve unparalleled levels of success as the word spreads and your referral rate goes up and up.
- ❖ If you are fed up of the endless cycle of negativity and want to be empowered to change, you need this course.
- ❖ If you are frustrated watching friends or family suffer and want to offer some genuine practical help then you need this course.
- ❖ If you just like helping people for no reason whatsoever, then you need this course.

### **What is it worth to you?**

- ❖ If you are a therapist or a coach it's worth real money, a genuine increase in the amount you can earn as the quality of what you can deliver goes up. Word spreads and referrals go up, all leading to an increase in income.
- ❖ But it's worth much more than money, whether you are a therapist or just an enthusiast who likes helping people, the satisfaction of watching someone as you literally collapse a negative emotion that has held them back, often for years, just cannot be measured.
- ❖ Get ready for hearing your clients say "Thank You- it's gone!" and getting lots of and grateful hugs from clients, friends and family as you work your TFT magic.

### **What will you learn?**

- ❖ How Dr Callahan discovered to concept of Tapping
- ❖ Which emotional issues can be treated with TFT
- ❖ How to diagnose the appropriate tapping sequence



- ❖ The basic techniques for carrying out an effective treatment
- ❖ The importance of understanding psychological reversal (PR), and how to correct it
- ❖ How to stay positive and eliminating self-sabotage
- ❖ Every day TFT techniques to aid motivation and restful sleep
- ❖ The relevance and influence of toxins and how they can impact TFT
- ❖ How to seamlessly combine other modalities such as hypnosis or havening with TFT

### **DIANE HALL TESTIMONIAL**

*I've attended many training courses and know the value of a good trainer. Janet's TFT training was superb and I would consider her as one of the best trainers that I have ever met. Her style is friendly, approachable, informative, enjoyable and captivating. Every subject was covered in depth, and she would not move on until she was certain that we had all fully grasped the concept that she was conveying. It's not exaggerating to say that this course has changed my life. As a driving instructor I now consistently use TFT with a very high success rate. If you are in any doubt as to the efficacy of Thought Field Therapy, or of Janet's training, take my word for it, they are both fantastic!*

### **CAROL SMITH TESTIMONIAL**

*Janet is THE best trainer and always over delivers. Once you have been to any of her trainings you are hooked. I am a qualified Nurse and have been to many trainings and seminars but Janet's training courses beat them all hands down. On my way home from the TFT course I witnessed a major road accident and literally used my new skills there and then to enable everyone involved to stay calm until the ambulance arrived with amazing results! It was a powerful convincer!*

