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"Are you interested in FINDING a solution to a problem you have and don't want, OR in a result that you want and don't have. Then I urge you to listen to UKHR, I guarantee you will be informed and being informed, is that first step to attaining and/or keeping your Health Freedom"



Johann Ilgenfritz, CEO

Treatment SOS



Presenter
Joni Aldrich

Supporting your child's sleep with care



Presenter
Kerry Secker

Living Raw Radio






Presenter
Geeta Sidhu-Robb

Spotlight Show

How to lose and maintain the optimum weight! Janey speaks with Janet Thomson the creator of the The Placebo Diet that fuses together a unique program of deliberate and focused mind exercises



Presenter
Janey Lee Grace

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